



Derby Sweeps & Sculls June 17th, 2023

Preparation:

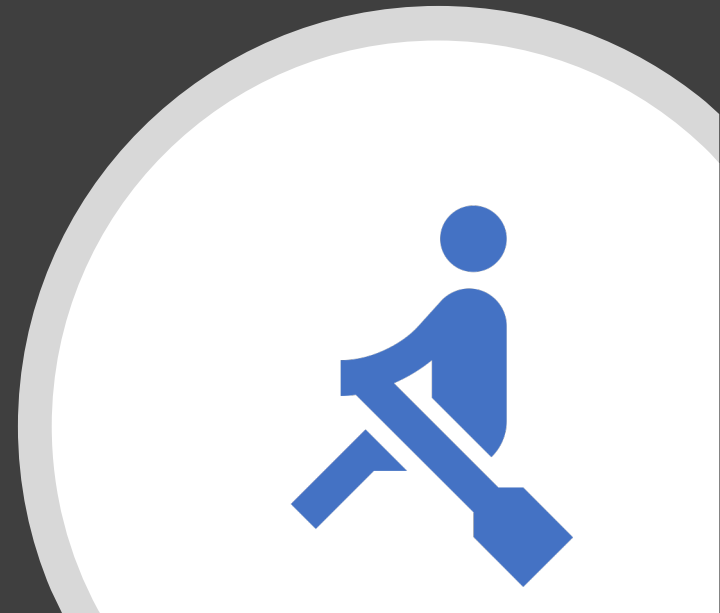
Virtual **Coaches and Coxswains** Meeting
THURSDAY 6/15 at 6:30 PM

Virtual **Volunteers and Referees** Meeting
TUESDAY 6/13 at 6:30 PM

Welcome to the Coaches & Coxswains Meeting!

Thank you for joining us, we
are looking forward to a great
day of racing

We are also looking to our
Coaches and **Coxswains** to
help us run a safe and fair
event





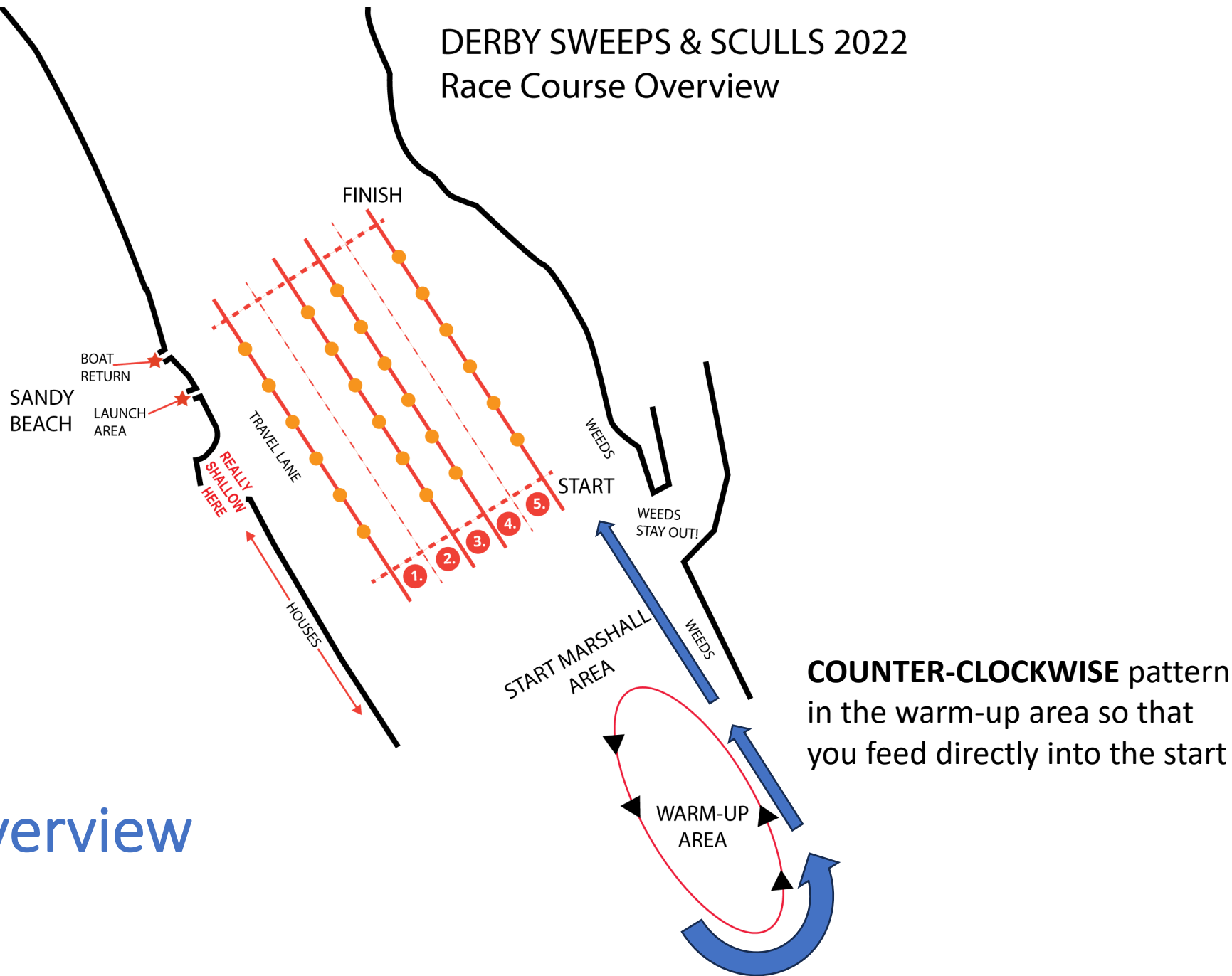
Kala Campbell

USRowing Chief Referee

Cell phone: 415-407-0417

DERBY SWEEPS & SCULLS 2022

Race Course Overview





Course Overview

(1,000 M)


Let's talk about the weather!

Sat 17 | Day

72°


 71%
 N 9 mph

Showers and thunderstorms. High 72F.
Winds N at 5 to 10 mph. Chance of rain 70%.

 Humidity
80%

 UV Index
6 of 10

 sunrise
5:18 am

 sunset
8:27 pm













Racing will begin in **light rain**.

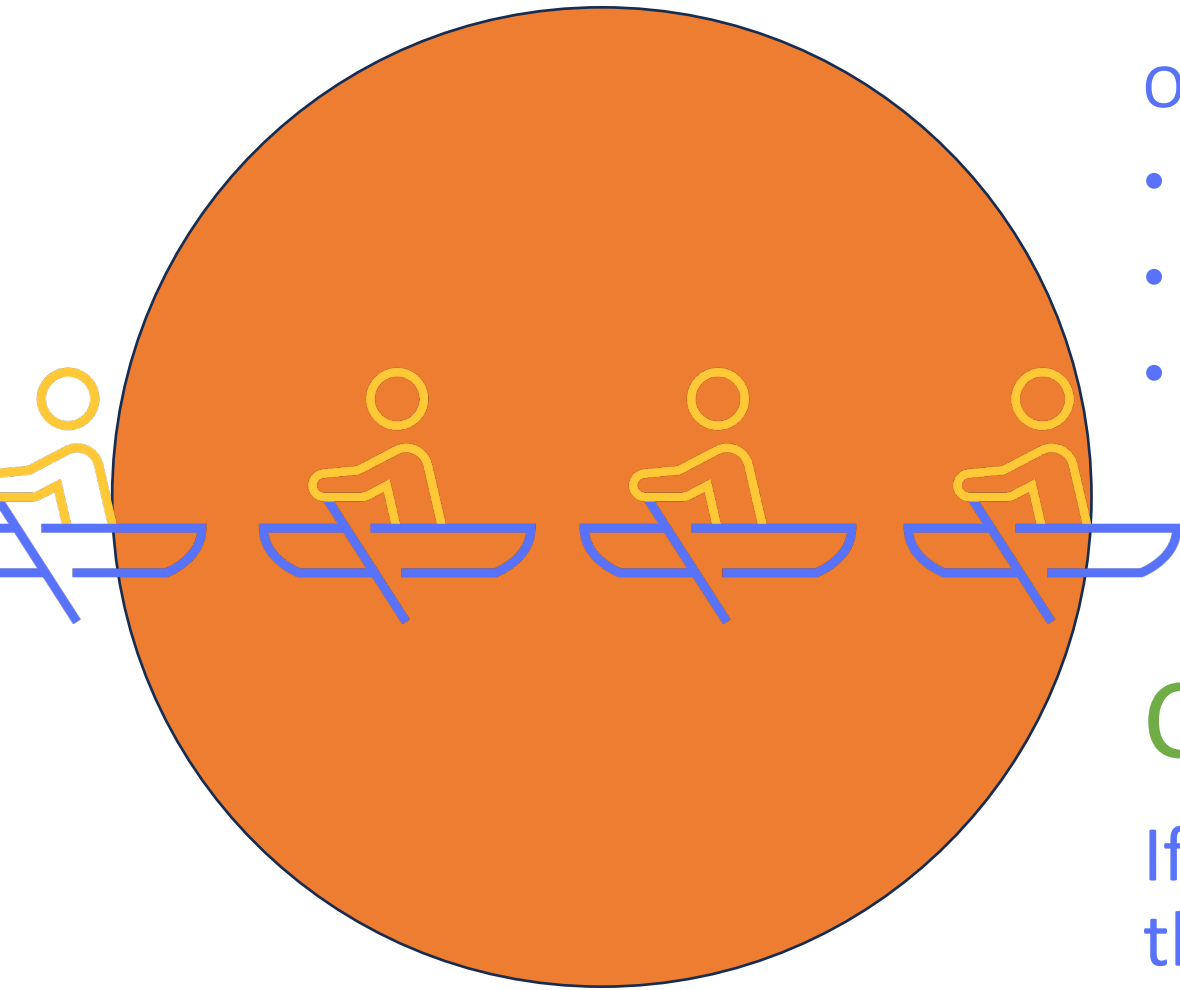
The biggest weather challenge we will likely face today will be **Thunderstorms** starting at approximately 10:00 AM.

Make sure you have reviewed with your crews what to do if we need to evacuate the water – **especially singles**.

Hourly Weather Overview



7:00 am		Showers	63 °F	63 °F	59 %	0.01 in	84 %	5 mph NNE
8:00 am		Light Rain	64 °F	64 °F	61 %	0.02 in	84 %	5 mph NNE
9:00 am		Light Rain	67 °F	67 °F	61 %	0.02 in	87 %	6 mph NNE
10:00 am		Scattered Thunderstorms	68 °F	68 °F	54 %	0.01 in	87 %	6 mph NNE
11:00 am		Scattered Thunderstorms	68 °F	69 °F	56 %	0.02 in	83 %	7 mph NNE
12:00 pm		Thunderstorms	69 °F	70 °F	64 %	0.03 in	75 %	7 mph NE
1:00 pm		Thunderstorms	70 °F	70 °F	67 %	0.03 in	76 %	8 mph N
2:00 pm		Thunderstorms	70 °F	70 °F	71 %	0.05 in	80 %	8 mph N
3:00 pm		Thunderstorms	70 °F	71 °F	60 %	0.02 in	81 %	8 mph NNW
4:00 pm		Thunderstorms	71 °F	71 °F	69 %	0.03 in	80 %	8 mph NNW



If we must interrupt racing

One of three things will happen:

- **Suspend:** 30 – 60 mins
- **Resume:** Compress Schedule, Cancel events.
- **Cancel:** If in excess of 2-hour delay, or conditions are getting worse ->End racing for the day.

Course Evacuation

If it becomes necessary to evacuate the course, instructions will be communicated.



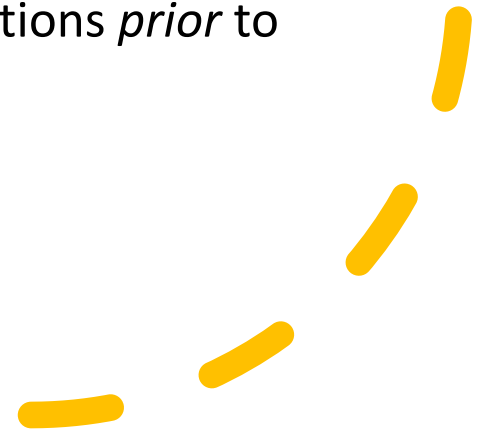
Launching & Take Out

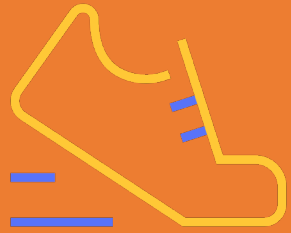
- Do **NOT** get in line to launch *until your race is called*.
- This system is designed to **reduce** the wait times.
- We cannot make more beach! So, we must use the launching area more *efficiently*.
- **Help us help you** – be part of the *speed* solution!
(Think of the Head of the Charles system and try to apply the same efficiency.)
- There are **2 Chutes** and we are *tightly* managing the entrance to keep things flowing on the beach.



Some
important
things to
bear in
mind!

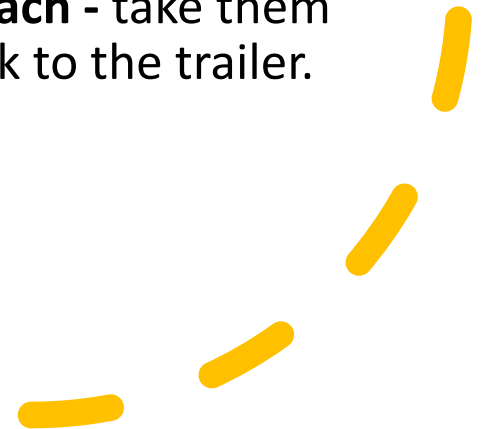
- **Oars** are only allowed onto the beach *90 minutes prior* to racing. Reducing the space for crews to turn and launch.
- We will be announcing **Races** and **checking you in** as you pass through control commission on the beach.
- **Launching vibe:** Try to keep traffic moving – be conscious of getting on the water efficiently.
- **Coaches** please try to give last minute instructions *prior* to hands on.





More
important
things to
bear in
mind!

- **Launching** requires that you walk the boat into the water - when you pick up the boat to launch you **MUST** be wearing footwear that allows you to walk *into* the water.
- **DO NOT** hold up the whole line by unlacing and taking off sneakers at the water's edge - *if you are launching you are walking the boat into the water.*
- **Remember: NO shoes are allowed on the beach** - take them in the boat or have your coach take them back to the trailer.





Launch Timing

- **One call**, per race, 30 - 40 minutes before the race is scheduled to start.
- It takes **10 minutes** to get to the Marshalling area, you will have *plenty* of time!
- **Launch & row to the warm-up area** and please look out for the shoal/sandbar just south of the beach.
- **7 minute centers**
- We will be using **CrewTimer** – Results will be posted on Regatta Centra and NHRC's website. (*not* on Row2K)





The Warm up area

- The warm-up area is no more than 1,000 meters below the start. Don't go so far that you miss hearing the call for your race! Stay in earshot.
- There are 3 to 6 large **orange** buoys. Traffic pattern is **Counter-clockwise** in the warm-up area.
- **DO NOT GO PAST THE LAST SAFETY LAUNCH**, you risk missing your race start!
- You should be in the **marshalling area** at least **10 minutes** before your event time. This is **YOUR** responsibility. Not the Referee's, not the Marshall's.
- Try to stay close to other crews with your event number when the time comes – we will be calling you into your starting lanes in Bow number order (1, 2, 3, 4, 5.)



The Start Process

- Come out of the warmup area heading **up-river**. (towards the beach but on the other side of the river)
- There will be a **marshalling launch** approximately 400 meters before the start.
- **Warning call** will be given 5 minutes before your event time. This means hustle to get into your lane!
- **The Starter will call you into position** - Do not enter the race course until you are instructed to do so.
- It is a **floating start** – however you should be in position 2 minutes before your race begins, to avoid a "Late to start" warning.
- Be prepared for a **Quick-start**, depending on wind conditions.



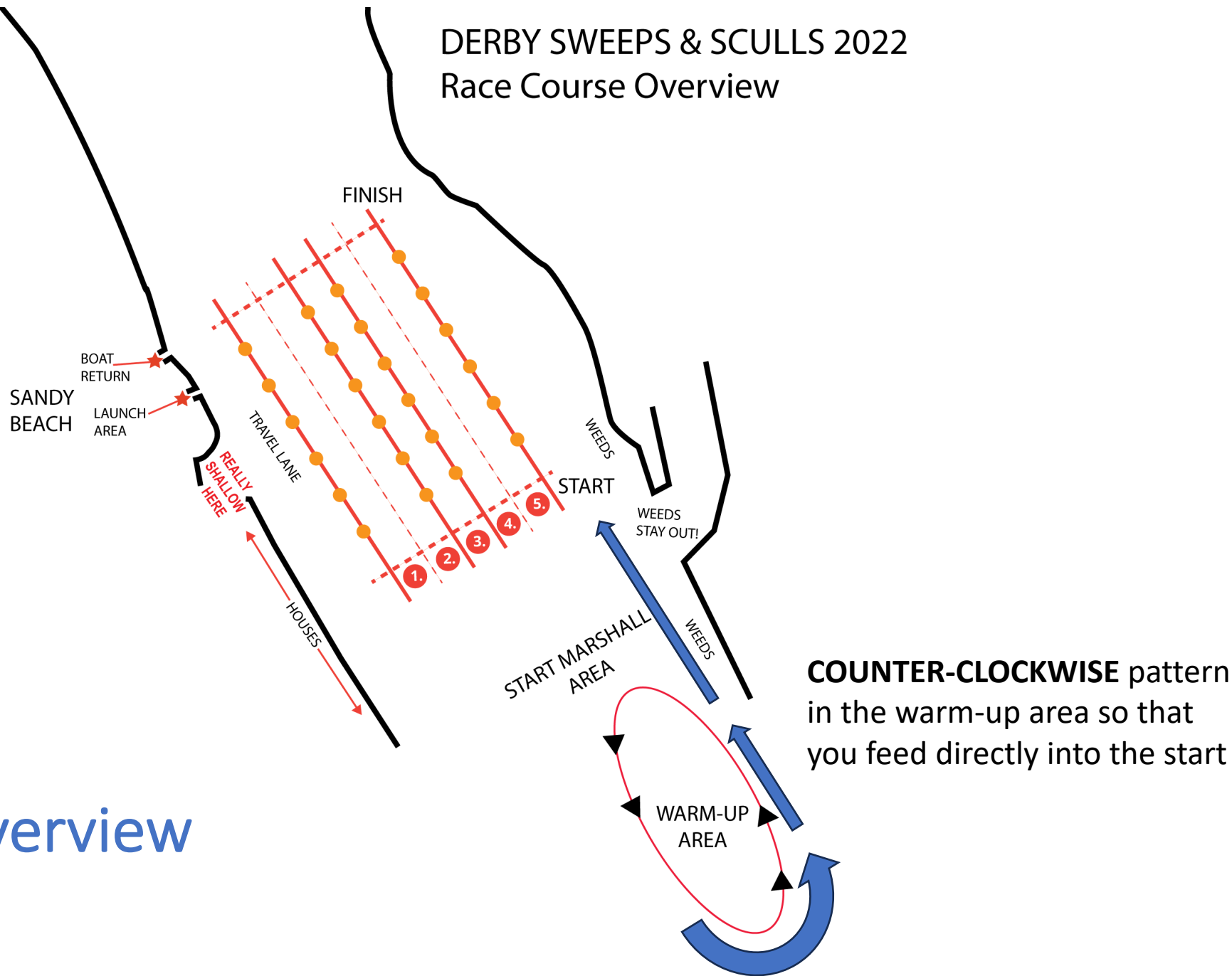


The Finish Line

- The **Finish Line** is clearly marked at the beginning of the beach area.
- You will hear a horn as you cross the finish.
- KEEP MOVING **PAST** THE FINISH LINE — **DO NOT STOP!** Row all the way through so you don't risk extending your finish time!
- The **finish line marshall** will direct your crew back to the beach landing area.
- Proceed **200M** upstream before turning and landing on the beach. Again, please be mindful of other crews and keep things moving!



DERBY SWEEPS & SCULLS 2022 Race Course Overview



Course Overview (1,000 M)

COUNTER-CLOCKWISE pattern in the warm-up area so that you feed directly into the start



We are all here to have a safe and fun event!

- While you may be an Adult – Remember, there are kids in the race too.
- We expect **YOU** to act as role models.
- NO **BEER** on site - If we find it in your team area it is cause for *exclusion*.
- “**F-bombs**” and other foul language are not acceptable, and also cause for *exclusion*.
- Think twice before crossing the finishing line and yelling something out you will regret.



USRowing Referees

- Are here to maintain **1. safety** and **2. fairness**.
- They will be chasing each race.
- The **Referees chasing your race** will take any **grievances** you have **ON THE WATER**.
- If you disagree with the referee's call on an issue, you can file an **appeal ON LAND**. (Within 1 hour, \$50 check, submit written grievance to the official at the finish line.)
- They will **certify** your start and finish times.
- They are there to help if you are in **distress**.

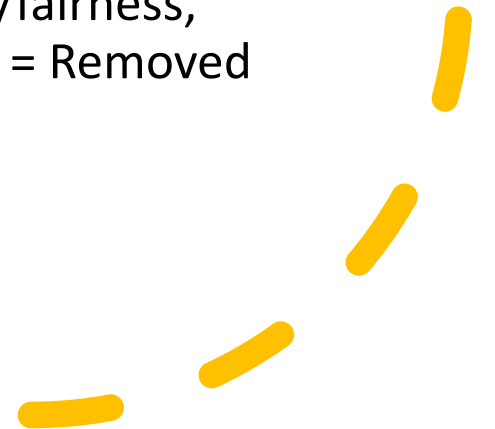




Penalties Review

(2-602)
Rules of Rowing
pg. 33

- **Reprimand:** (Informal caution)
- **Warning:** (e. g. Late to start)
(2 warnings in the same race = **Exclusion.**)
- **Exclusion:** (Removed from that event only, that crew can still compete in subsequent events.)
- **Disqualification:** Flagrant disregard for safety/fairness, or Unsportsmanlike behavior (F Bombs/Beer) = Removed from all subsequent events as well.)





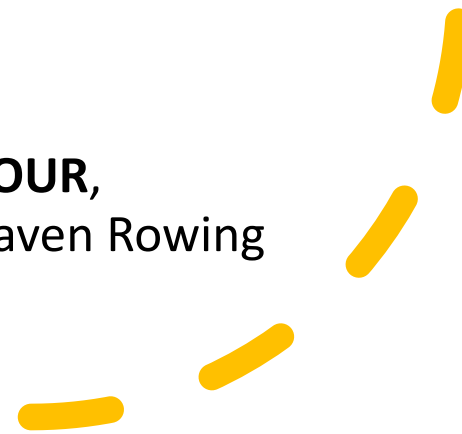
Raising an Objection ON THE WATER



Appeal ON LAND

(2-604)
Rules of Rowing
pg. 35

- If you have an **issue with your race** – you must approach the Referee **on the water** and let them know.
- *Once you leave the water, you no longer lodge an objection or pursue an appeal on land.*
- **TIP:** Explain not only what is **wrong**, but **what you want** the Referee to do about it?
- If the Referee cannot resolve your issue on the water, or you do not agree with their ruling - you can further **submit an appeal** on land.
- You must do so: **IN WRITING, WITHIN ONE HOUR, WITH \$50 CHECK MADE PAYABLE TO “New Haven Rowing Club.”**





Medical Safety

- Please **sit upright at the finish**.
- If you sit slumped in the boat, the Finish Marshall will assume the Athlete is having a medical emergency.
- We will have an **ambulance** at the beach and any **Referee** can help you get medical attention.
- Stay **Hydrated** and stay **cool!**
- If you have **special medication**, like an inhaler, **MAKE SURE** you take it with you in the boat!



HEAT SHEET UPDATE

The full and correct list of exhibition events will be available on Friday online on Regatta Central.

- 7 minute Centers
- 1,000M Course



LOC BOATHOUSE



New Haven Rowing Club

REGATTA PARKING
Indian Wells State Park



Indian Wells State Park

YALE BOATHOUSE



Gilder Boat House

